



REHABILITATIVE & COMMUNITY SUPPORT (RCS)

WHAT IS REHABILITATIVE & COMMUNITY SUPPORT?

In-home and community service that helps youth with autism, developmental and intellectual disabilities and their families develop prosocial, safe behaviors and activities of daily living. A Behavioral Health Professional (BHP) works in the home to support the family in skill development. RCS focuses on skill building and does not have a therapy component. The number of weekly hours is determined through an assessment and averages 17 hours of work with the family per week.

WHO IS ELIGIBLE?

A child or youth aged 0–21 with [MaineCare](#) or youth under age 19 with the [Katie Beckett waiver](#). Autism, cognitive impairments or developmental and intellectual disabilities, a qualifying functional assessment score and a need for assistance in developing everyday functioning skills. Youth and caregivers are expected to participate in treatment.

HOW DOES RCS HELP?

A BHP will work with youth and family members in the home and community settings. RCS services can help teach, remind, and support youth to:

- Ask for the things they need and want
- Be patient with themselves and others
- Be safe with themselves and others
- Learn selfcare skills, like brushing teeth, using the bathroom, washing up, and dressing
- Play with friends so everyone can have fun
- Learn social rules like looking both ways before crossing a street, waiting in line, and taking turns when playing games or talking
- Learn and practice interacting with their family, friends and community in a positive way

RCS helps families:

- Learn and use skills that work for the youth
- Provide feedback to the treatment team about the youth's needs, behaviors, routines, etc.

HOW TO ACCESS RCS

For more information about RCS, talk to your targeted case manager or other provider, or visit the [Children's Behavioral Health website](#).

If you do not have a [case manager](#), you may find it helpful to get one. You are also encouraged to call the [CBHS Family Information Specialist](#) and/or reach out to a [Family Support Organization](#).

If you have a case manager they can help you apply for RCS services through the [statewide referral process](#) or you can fill out the application [here](#). If your child is eligible, [KEPRO](#) will match you with an RCS provider.



RCS helped my brother and me get along and now we have fun playing together.

-Sibling of youth